

Daycare Meal Schedule – September 2023

Monday*	Tuesday	Wednesday	Thursday	Friday
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				Acorn/Little Acorn Closed
4	5	6	7	8
Acorn/Little Acorn Closed	Tofu Ravioli with Tomato Sauce + Back to School Treat! (Dairy Free)	Curried Chicken Stew With Potatoes and Carrots and Peas (Dairy Free)	Harissa Beef with Couscous and Veggies (Dairy Free)	Salmon and Potato Cakes with Slaw.
11	12	13	14	15
Diced Chicken, Bread, Cheese, Vegan Soup	Lentil and Roasted Veggie Ragout (Dairy Free)	Teriyaki Beef Meatballs (contains dairy) with Vegetables and Rice	Pad Thai Style Salmon with Noodles and Veggies (Dairy Free)	Chicken and Bean Burritos
18	19	20	21	22
Diced Chicken, Bread, Cheese, Vegan Soup	Tofu & Vegetable Fried Rice (Dairy Free)	Roasted Chicken with Potatoes & Veggies (Dairy Free)	Beef Meatballs with Tomato Sauce, Pasta, Veggies and Parmesan	Tuna Salad, Egg Salad Shredded Lettuce & Wraps (Dairy Free)
25	26	27	28	29
Diced Chicken, Bread, Cheese, Vegan Soup	Curried Chickpea Stew (Dairy Free)	Creamy Chicken Noodle Casserole	Haddock & Potato Cakes	Beef & Bean Burritos

*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie